

# Self Presentation Seminar

one of a basic skills of international science management

We will hold a seminar aiming at improving the ability to effectively express and present research contents, ideas, and also research capabilities of yourself, toward future collaborators, future bosses, sponsors etc. Please feel free to join us!

## Agenda

- Presentations matter!
- How to present in an international setting
- Overcoming fears and anxiety
- How to present (one-self) in a “perfect” way – some principles
- Everything under control? Dealing with difficult situations
- Monitor yourself & practice

Capacity : 14 people

Eligible : Female faculty, researchers and doctor course students in Hokkaido University

\*we will set up time for free information exchange and networking (optional participation).



## Contact us

Support Office for Female Researchers, Hokkaido University

TEL : 011-706-3625  
<https://freshu.ist.hokudai.ac.jp/>  
e-mail: [freshu@synfoster.hokudai.ac.jp](mailto:freshu@synfoster.hokudai.ac.jp)

2017  
12/8  
(Fri)

14:00  
|  
17:00

## VENUE

**Hokkaido University**

**Office for Human Resources Education & Development conference**

**room 1st Floor, Mid-Campus Open Laboratory Bldg. #1**

## Application

Please see website for more information.

WEB:  
[goo.gl/WQwfJD](https://goo.gl/WQwfJD)



\*Please apply through Web Form by November 30 15:00, and cooperate with advance application!

